

USE AND CARE OF AN ARTIFICIAL EYE **(OCULAR PROSTHESIS)**

Insertion

- 1) Wash hands thoroughly.
- 2) Place the prosthesis on the lower eyelid.
- 3) Look downwards.
- 4) Lift the upper eyelid and gently push the prosthesis upwards under the upper eyelid and hold it in position. Look straight ahead and position the lower eyelid over the lower edge of the prosthesis.

Removal

Wash hands thoroughly and use a plastic extractor to remove the prosthesis using the following procedure:

- 1) Touch the prosthesis with the extractor tip.
- 2) Slide the tip and the lower eyelid down with the extractor tip until the tip is beneath the bottom edge of the prosthesis.
- 3) Look upwards as the handle of the extractor is brought downwards until it is nearly flat to the cheek.
- 4) Look downwards and the prosthesis is then normally expelled.

Please note that gentle pressure applied to the upper eyelid can sometimes help to tilt the bottom edge of the prosthesis outwards to assist removal.

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Cleaning

A HARD contact lens cleaner should be used to clean the prosthesis (it is not recommended that hand soap or washing-up liquid are used as cleaners). The cleaning procedure is as follows:

- 1) Remove the prosthesis and place it on the palm of the hand.
- 2) Put a few drops of hard contact lens solution onto the prosthesis and gently rub over all surfaces.
- 3) Rinse the prosthesis thoroughly in sterile saline solution ensuring that all the cleaner has been removed.
- 4) The prosthesis is now ready to be re-inserted.

General Points

It is very important to wash hands thoroughly before inserting or removing the prosthesis for any reason.

The prosthesis should be removed and cleaned when it becomes sticky, dry and uncomfortable to wear. The frequency of this may vary from a few days to a couple of months.

If dropped the prosthesis is unlikely to break, however, to minimise the risk of scratching or fracture great care must be taken when inserting and removing the prosthesis.

It is normally recommended that your prosthesis should be checked annually. Often all that is required is a simple re-polish which will restore the original surface to the prosthesis and provide improved comfort and motility to the prosthesis. This is also an opportunity of course for us to check that all is well with your socket

Please contact us and / or seek medical advice if you have any concerns regarding your medical device.