

## **USE AND CARE OF COSMETIC SHELL**

### **Insertion**

- 1) Wash hands thoroughly.
- 2) Place cosmetic shell on lower eyelid.
- 3) Look downwards.
- 4) Lift the upper eyelid and gently push the cosmetic shell upwards behind the upper eyelid and hold in position. Look straight ahead and position the lower eyelid over the lower edge of the cosmetic shell.

### **Removal**

- 1) Wash hands thoroughly.
- 2) Look upwards.
- 3) Pull lower eyelid down until the lower edge of the cosmetic shell is exposed.
- 4) Pull lower eyelid horizontally towards ear.
- 5) Look downwards, this should cause the cosmetic shell to be expelled over the lower lid.

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### **Cleaning**

A HARD contact lens cleaner should be used to clean the shell (it is not recommended that hand soap or washing-up liquid are used as cleaners). The cleaning procedure is as follows:

- 1) Remove shell and place it on palm of hand.
- 2) Put a few drops of hard contact lens solution onto the shell and gently rub over all surfaces.
- 3) Rinse the shell thoroughly in sterile saline solution ensuring that all the cleaner has been removed.
- 4) The shell is now ready to be re-inserted.

### **General Points**

It is very important to wash hands thoroughly before inserting or removing the shell for any reason.

The shell should be removed and cleaned at least once a day and wearing time is as advised by the clinician.

You should not wear your cosmetic shell whilst sleeping.

If dropped the shell is unlikely to break, however, to minimise the risk of scratching or fracture great care must be taken when inserting and removing the shell.

It is normally recommended that your prosthesis should be checked annually. Often all that is required is a simple re-polish which will restore the original surface to the prosthesis and provide improved comfort and motility to the prosthesis. This is also an opportunity of course for us to check that all is well with your socket

Please contact us and / or seek medical advice if you have any concerns regarding your medical device.